

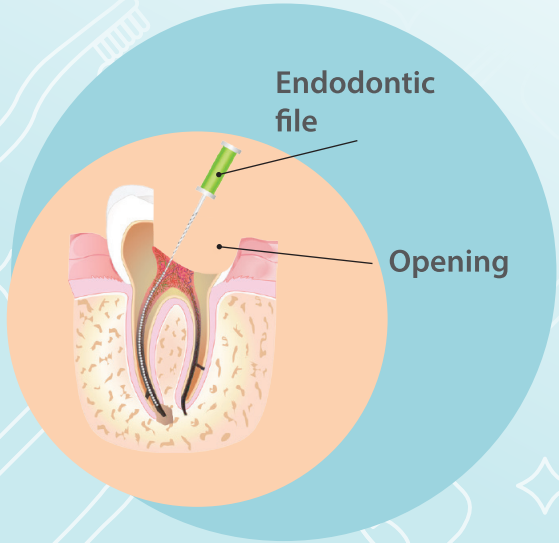
# ROOT CANAL TREATMENT



National Dental  
Centre Singapore  
SingHealth

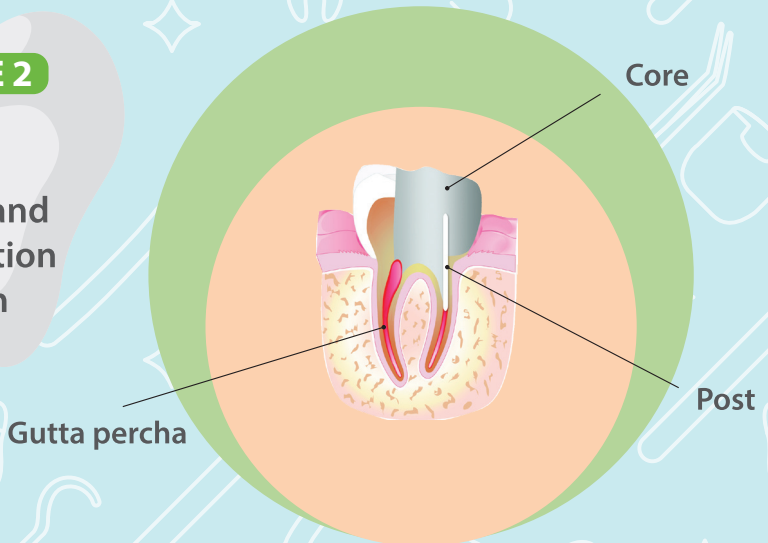
## STAGE 1

Cleaning  
and  
shaping of  
canals



## STAGE 2

Filling of root  
canals and  
restoration of  
tooth



\* You may require more than one visit depending on case difficulty

# PATIENT INFORMATION FOR POST ENDODONTIC TREATMENT CARE

*Department of Restorative Dentistry*



For more information  
on root canal  
treatment

You are receiving this information sheet because you have just undergone an endodontic procedure, such as pulpectomy<sup>1</sup> or root canal treatment<sup>2</sup>.

- <sup>1</sup> A pulpectomy is an emergency procedure to reduce pain and should be followed by root canal treatment at a later stage.
- <sup>2</sup> Root canal treatment is a dental procedure in which the root canals of the tooth are shaped, disinfected and filled with an inert material. This may be done in one or more visits.

1. You should avoid chewing until the numbness has worn off to prevent accidental biting of your lips and tongue.
2. Do have a soft diet for a few days after treatment. Avoid chewing on hard foods at the treatment site until the tooth is restored with a permanent filling, or in some cases, a crown. This is to prevent fracture of your tooth.
3. If your tooth is restored with a temporary filling, it is not unusual for some of it to wear off before your next visit. If you feel that the entire filling has come out, please contact us.
4. Do continue to practice good oral hygiene by brushing and flossing.
5. Post-operative pain and discomfort following treatment may occur and should improve in about 2- 3 days. You may take some painkillers if necessary.
6. If medication has been prescribed, keep to the frequency and dosages as instructed. Should allergic reactions arise, such as rashes or swelling of the eyes and lips, please return to our clinic with the medication or visit any medical doctor nearest to you immediately.
7. If there is severe or persistent pain or swelling, please contact us at 6324 8802 for a review.

