



National Dental  
Centre Singapore  
SingHealth

*Journey  
to the  
Perfect  
Smile*



1

## *Treatment Planning and First Consultation*

- A) Examination and diagnosis
- B) Pre-treatment - take dental impressions, radiographs and photographs
- C) Information about treatment plan, procedures and costs



2

## *Placement of braces (3 visits)*

- A) Proceed with treatment plan  
Placement of separators and extractions if needed
- B) Placement of molar bands  
Dental impressions for fabrication of orthodontics appliances
- C) Bonding of fixed appliances



3

## *Reviews*

- A) Reviews every 4-6 weeks for adjustments and to check fixed appliances
- B) Treatment time about 2-3 years



4

## *Removal of braces*

- A) Removal of braces
- B) Post treatment - X-rays, photographs and dental impressions for fabrication of removable retainers

