



National Dental  
Centre Singapore

SingHealth

# Geriatric Special Care Dentistry Clinic (GSDC)



The Geriatric Special Care Dentistry Clinic (GSDC) is a purpose-built, age-friendly clinic established to provide specialised and holistic dental care for the elderly and special needs patients.

Patients referred to GSDC will be managed by a multidisciplinary team of dental specialists, general dentists and oral health therapists, emphasizing on preventive oral health therapy to improve and maintain their oral health.

### **Patients Seen In This Clinic Include:**

- Elderly patients aged 65 years and above, with geriatric conditions requiring special care  
*E.g. Dementia, Alzheimer's Disease, Parkinson's Disease, Muscular Dystrophy or previous stroke with debilitating disabilities;*
- Special needs patients aged 13 years and above;
- Medically-compromised patients requiring dental assessment and treatment prior to medical/oncologic treatment;
- Patients who have received head and neck radiation therapy requiring close monitoring and follow-up before discharge to their primary dental care provider.

### **List of Dental Services**

- Dental consultation
- General Dentistry  
*E.g. Extractions, fillings, scaling and prophylaxis, denture repairs/adjustments;*
- Preventive Dentistry  
*E.g. Oral hygiene programme, fluoride therapy;*
- Restorative Dentistry  
*E.g. Periodontal (gum) treatment, root canal therapy, fixed and removable prostheses (crowns, bridges and dentures);*
- Minor surgical procedures

### **Frequently Asked Questions (FAQs)**

#### **1. What types of patients will benefit the most from the multidisciplinary services at GSDC?**

Patients who suffer from conditions that impair various physical and functional domains will benefit from the specialized infrastructure of the clinic and the various input from the multidisciplinary team of specialists, general dentists and oral health therapists.

**2. Will all patients aged 65 and above be managed at GSDC?**

Not every geriatric patient needs to be managed at GSDC. Patients with well controlled common medical conditions, such as hypertension and diabetes, can visit the dental polyclinics, private dental clinics or our specialist outpatient clinics (SOCs). Patients with limited physical capabilities can visit GSDC. These include patients with Dementia, Alzheimer's disease, Parkinson's disease, Muscular Dystrophy & previous stroke with debilitating disabilities.

**3. Will all wheelchair-bound patients be managed at GSDC?**

Not every wheelchair-bound patient needs to be managed at GSDC. Patients who can be transferred to the dental chairs can continue to visit our SOCs.

**4. What do I need to bring for my first visit to GSDC?**

A detailed list of the patient's current medications, as it allows the dentist to plan and manage the dental treatment appropriately. Under certain circumstances, the presence of a court-appointed legal representative (Donee/Deputy) is required to provide informed consent for treatment on behalf of the patient who is deemed unable to understand or give consent for treatment.



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**DEPARTMENT OF RESTORATIVE DENTISTRY**

**Geriatric Special Care Dentistry Unit**

Appointment & Enquiry

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